

ADULT BOOKING FORM – Term 1 2024

Monday 29 January – Saturday 13 of April

Please choose the class you wish to enroll in by ticking the day and the class time

Adult Keep Fit

We cater to those over 18 years who are training for a triathlon or just wanting to keep fit. These sessions are to build stamina and fitness.

WEDNESDAY \$176.00 (11 weeks)	
6.00-7.00pm (Jill)	

Adult Learn to Swim

This class is great if you have limited swimming skills and wish to learn a bit more on how to get yourself swimming. The class runs for half an hour.

MONDAY \$160.00 (10 weeks)		TUESDAY \$160.00 (10 weeks)	
6.00pm (Richard) FULL		11:15am (Jill) FULL	
		5:30pm (Jill) FULL	
WEDNESDAY		Thursday \$176.00 (11 weeks)	
		5:30pm (Richard) FULL	
FRIDAY \$160.00 (10 weeks)		SATURDAY	
5:30pm (Jill) FULL			

NO LESSONS: Tuesday 6 February - Waitangi Day;
Friday 29 March, Saturday 30 March and Monday 1 April - Easter